



BEAUTY ESSENTIALS


Indulge Yourself


TREATMENT MENU

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House of Beauty & Wellbeing

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Beauty Essentials Limited Registered in England and Wales No: 09906975

HANDS / FEET

File & Paint (normal polish) colour £13.00 / french £16.00

Manicure (normal polish)

Includes cuticle & nail tidy, hand massage & application of polish

colour £21.00 / french £24.00

Deluxe Manicure (normal polish)

Includes cuticle & nail tidy, hand exfoliation, paraffin wax mask to help soften skin, hand massage, application of polish

normal polish - colour £29.00 / french £32.00

shellac - colour £38.00 / french £41.00

bio sculpture - colour £43.00 / french £46.00

Pedicure

Includes cuticle & nail tidy, removal of hard skin, foot massage, application of polish

normal polish - colour £23.00 / french £26.00

shellac - colour £32.00 / french £35.00

bio sculpture - colour £37.00 / french £40.00

Deluxe Pedicure

Includes cuticle & nail tidy, removal of hard skin, foot & leg massage, paraffin wax mask to help soften skin, application of polish

normal polish - colour £32.00 / french £35.00

shellac - colour £41.00 / french £44.00

bio sculpture - colour £46.00 / french £49.00

NAIL EXTENSIONS/OVERLAYS/ART

Shellac Gel Overlays (Hands/Feet) colour £22.00 / french £25.00

Bio Sculpture Overlays (Hands) clear £25.00 / colour £30.00 / french £35.00

Bio Sculpture Overlays (Feet) colour £22.00 / french £28.00

Bio Sculpture Nail Extensions £37.00

Light Elegance - *A hard gel with the strength and flexibility for full-sets and infills*

over natural nails £40.00 / infill every 3-4 weeks £35.00 / sculpted tips £45.00

Nail Glitter (per nail) £1.00

Nail Art (per nail) from £5.00

Swarovski Cystals (per full nail) from £5.00

Gel Removal (including a nail tidy) £15.00

Minx (Hands/Toes) from £22.00

IBX

A professional natural nail treatment that helps improve nail growth, strengthen the nail plate and protects nails against gel polish damage.

Single Treatment £6.00

Course of 12 (recommended) £60.00

EYE TREATMENTS

Eye Lash Tint	£12.00
Eye Brow Tint	£8.00
Eye Lash & Brow Tint	£17.00
Eye Lash Tint, Eye Brow Tint & Shape	£23.00
LVL (Lift, Volume, Lengthen) inc. Eyelash Tint	£35.00
Eyelash Extensions	natural set £35.00 / extreme set £45.00
Brow by Mii - 40mins	£25.00
Brow by Mii Maintenance - 25 mins, 3-6 weeks later	£20.00

WAXING

	Strip wax	Hot wax
Eye Brow Wax	£9.00	
Lip Wax	£8.00	
Chin Wax	£9.00	
Lip & Chin	£15.00	
Lip, Chin & Eyebrows	£20.00	
Side of Face	£10.00	
Lip, Chin, Side of Face, Eyebrows	£25.00	
Leg Wax	½ £17.00 / ¾ £22.00	
Full Leg Wax	£27.00	
Half Leg and Bikini	£24.00	
Full Leg & Bikini Wax	£32.00	
Bikini Wax	£11.00	£13.00
High Bikini Wax	£14.00	£16.00
Brazilian	N/A	£22.00
Hollywood	N/A	£25.00
Underarm Wax	£10.00	£12.00
Forearm Wax	£13.00	
Full Arm Wax	£18.00	
Back Wax	£19.00	
Chest Wax	£19.00	
Nostrils	N/A	£8.00
Full Leg & Brazilian (strip & hot wax)		£43.00
Full Leg & Hollywood (strip & hot wax)		£46.00
Half Leg & Brazilian (strip & hot wax)		£33.00
Half Leg & Hollywood (strip & hot wax)		£36.00

ELECTROLYSIS

An ultra epilating treatment of hair removal using a blend machine

15 mins £15.00 / 30 mins £20.00

FACIALS

- Monu Express Facial – 30mins** £26.00
Consists of an intense cleanse, full facial exfoliation, a mask, moisturise
- Monu Aromatic Facial – 60mins** £36.00
Consists of an intense cleanse, full facial exfoliation, a mask, moisturise, face, neck and shoulder massage
- Monu Prescription Facial – 60mins** £40.00
Consists of cleanse, exfoliate, massage, prescriptive mask, eye gel, tone and moisturise
- The resurface and peel treatment - 45 mins** £50.00
Cleanse, tone, exfoliate, the peel, hydrating mask, massage, eye cream, lip balm and moisturise.
- Hydra lift collagen facial - 60 mins** £55.00
Cleanse, tone, exfoliate, ampoule and active collagen mask, massage, eye cream and lip balm
- Renu intense lift anti-aging facial - 75 mins** £65.00
Cleanse, tone, skin peel, massage feet and lower legs, intense lift facial massage, mask, hand and arm massage, lip and eye lift.
- Sculpt and lift facial treatment - 40 mins** £35.00
Cleanse, tone, exfoliation, foot and leg massage, mask, massage, lip and eye active lift.

BODY TREATMENTS

- Exotic hot oil and salt scrub polish - 45 mins** £35.00
Body brush, exfoliate. Oil, mask and massage.
This luxurious full body treatment is tailored to your individual needs and will leave the skin feeling smooth, hydrated, fresh and energised. A perfect treatment pre or post holiday, pre special occasion or for someone looking to improve the textures, tone and smoothness of skin. An aromatic and invigorating body buffing cleansing treatment to smooth away dead skin cells leaving your skin smooth and radiant.
- Conditioning coconut ritual - 60 mins** £40.00
Body brush, warm oil and wrap, cleanse, massage.
A comforting and deeply nourishing treatment to leave the client feeling truly relaxed.
- Lime and walnut wrap - 60 mins** £45.00
Body brush, warm oil, body buffer, wrap, massage.
Stimulating lime oil and crushed walnut shells to deeply exfoliate, whilst shea butter will nourish and hydrate the skin. Cocooned in a comforting foil wrap, followed by a stress releasing face and scalp massage.

Ultimate signature ritual - 2 hours £55.00

Body brushing, warm oil, scrub, full body massage and express facial.

This soothing, rejuvenating and refreshing all over body treatment incorporates a variety of indulgent aromatherapy oils packed full of powerful therapeutic benefits. Using our exotic salt scrubs to gently exfoliate the body, eliminating dead skin cells. The face, body and scalp are massaged using specialised techniques with carefully applied pressure, finishing off with a 30 minute tailor made expression facial. so let your worries melt away as we relieve your stress and strains with this luxurious tension buster.

Luxury thermal back treatment - 60 mins £33.00

Body brush, cleanse, tone, scrub, aromatic mask, massage foot and leg, massage, moisturise.

A facial for the back. This treatment is great for anyone who wants to treat the back, an area that often gets forgotten and is difficult to treat. This back treatment aids in the ultimate of relaxation whilst also dealing with congestion, oiliness and tension.

CALLUS PEELS

MAVEX callus peeling is a unique combination of natural highly active ingredients that softens the dead, hard skin making it easier to remove without having to soak your feet.

Callus peel - 30 mins £25.00

Callus peel pedicure (full pedicure with callus peel) - 75 mins £38.00

Callus peel gel pedicure - 90 mins £47.00

MASSAGE AND BODY TREATMENTS

To help take away stresses and strains of every day life, relax your body and mind, helps relieve muscle tension and aches and pains

Back, Neck, Shoulder Massage - 30mins £25.00

Back, Neck, Shoulder Massage - 60mins £33.00

Full Body Massage - 60mins £38.00

Leg Exfoliation & Moisturise £15.00

Leg Revival Treatment £38.00

Leg exfoliation, soothing, cooling mask, stimulating leg massage.

Other packages available please ask for details.

NON-SURGICAL FACE AND BODY LIFT

DUAL ANTI-AGEING SYSTEM TREATMENT MENU

Facial lifting and toning • Eye treatments • Scars

BENEFITS OF MICROCURRENT • Softens lines, wrinkles and scars • Re-educates muscles to lift, firm and tone • Lymphatic drainage – toxins • Improves complexion and radiance • Stimulates collagen and cell renewal • Visible results from one treatment – muscles are re-educated by 10 treatments • Results maintained indefinitely by one treatment every 4-6 weeks.

Lift & Firm Ultra Facial

The lift and firm ultra-facial includes an intensive double cleanse, exfoliation, incorporating six microcurrent programs. It also includes a relaxing facial massage and a prescribed mask and completed with an application of recommend skincare products.

Single Treatment - 75mins £75.00

Course of 10 Treatments, 2 Treatments Per Week £675.00

Lift & Firm Essential Facial

The lift and firm essential facial includes an intensive double cleanse, exfoliation, incorporating six microcurrent programs and completing the facial with an application of our recommended skincare products.

Single Treatment - 60mins £55.00

Course of 10 Treatments, 2 Treatments Per Week £540.00

Lift & Firm Targeted Facial

The lift and firm direct facial is designed to focus on any areas of concern. Includes a cleanse, application of the strengthening and tightening programs to get directly into the problem area to produce fast results, completing this facial with an application of recommended skincare products

Single Treatment - 25mins £40.00

Course of 10 Treatments, 2 Treatments Per Week £360.00

Lift & Firm Eye Treatment

This intensive eye treatment is designed to reduce puffiness around the delicate eye area, strengthen the eye muscles and reduce the appearance of fine lines and wrinkles.

Single Treatment - 25mins £40.00

Course of 10 Treatments, 2 Treatments Per Week £360.00

SCAR TREATMENT

Can be added to any of the above facial treatments

This is a specialised program to help reduce and regenerate scar tissue.

Single Treatment - 25mins £40.00

Course of 6 Treatments, 2 Treatments Per Week £200.00

OXYGEN THERAPY FACIAL

Single Treatment - 40mins

£55.00

Course of 5 Treatments, 1 Treatment Per Week

£220.00

HOW OXYGEN THERAPY WORKS • Oxygen delivery is based upon the very latest medical research of injection technology without the use of needles; this technology has been adapted for cosmetic use to give an intensive, safe treatment. Active ingredients penetrate through the natural interstices between the epidermal skin cells into the deeper layers (basal layer) where they're able to develop and maintain a positive effect. DAS utilises the properties of zeolite granules to absorb nitrogen from compressed atmospheric air* – producing oxygen concentration of 80-95%, delivered through a high-pressured pump (delivers 5000ml per minute). Zeolite Technology was invented 35 years ago by scientists and is now being used in hospitals to deliver oxygen care. Oxygen cannisters can be large, flammable and need replacing regularly whereas Zeolite cannisters are compact and are recommended to be replaced every 5-6 years.

BENEFITS OF OXYGEN THERAPY • Range of serums for targeted solutions • Promotes collagen production • Reduces lines and wrinkles • Restores skin vitality • Strengthens and stimulates • Plumps, energises and nourishes • Cooling and calming • Continues to work after the treatment - optimum results are achieved 2-3 days post treatment

IONTOPHORESIS – SKIN ENGANCEMENT FACIAL

Skin Enhancement Facial - 55mins

£65.00

Iontophoresis - 25mins

£40.00

Course of 12 Treatments, 3 Treatment Per Week

£420.00

HOW IONTOPHORESIS WORKS Iontophoresis is the more effective delivery of ingredients (such as vitamins, antioxidants or peptides) that permeate the skin beyond the superficial level. The term is partially derived from the Greek word phoresis for movement and the electrical term ion, to define the use of electrical movements. Iontophoresis is an electric-based delivery of nutrients that circumvents many of the lipid bi-layers of the skin by directly penetrating between them, something that passive liquid cannot. Once delivered into the skin, the ionic molecules can be activated if stimulated with an electrical charge to further propel them into the skin. This method is vastly superior to standard liquid diffusion, as repeated ionization offers a more concentrated collection of nutrients delivered deeper than liquid diffusion can achieve. It is recommended for dry, dehydrated, mature and sensitive skins but can be used on all skin type.

TANNING

24 hours prior to treatment please exfoliate & moisturise

Spray tan Full body	£25.00
Spray tan Half body	£18.00
Top up, 7 days later from	£15.00

EAR PIERCING

Per Ear Piercing	£10.00
Pair of Ear Piercings	£20.00

HAIR & MAKEUP & MAKEUP LESSONS

Weddings, Proms & Special Occasions

Get in touch for a pricelist or visit our separate hair and makeup website
emmagoodwinhairandmakeup.co.uk

WEDDING PACKAGES

A full range of wedding packages are available please visit our website for more information.

BOOKINGS, TREATMENTS & PAYMENTS

Bookings are by appointment only. Please arrive in plenty of time for your appointment.

Booking alterations – please let us know if you need to change your booking as soon as possible. A minimum of 24 hours notice of cancellation is required, otherwise a cancellation fee may be charged.

Patch testing - For certain treatments such as tinting, tanning and electrolysis a patch test should be carried out 24 hours prior to treatment.

Gift vouchers are available.

Payment – cash or card. We are sorry but we are no longer able to accept payment via cheque.