



# BEAUTY ESSENTIALS

NATURAL BEAUTY & SKINCARE SPECIALISTS

## *Treatment Menu*

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## NAIL TREATMENTS

Bio Sculpture invented nail gel in 1988 and has been creating innovative, high performance gel products ever since. Every manicure is individually tailored to your needs and nail type. Bio Sculpture strengthens, conditions, and promotes the growth of your natural nails while allowing weak, brittle nails to grow. It is vegan, cruelty free and contains no dehydrators, primers or bonders.

**Bio Sculpture Overlays (Hands)** clear £33 / colour £40

**Bio Sculpture Overlays (Feet)** £35

**Gel Removal Including a nail tidy** £22

*Please note that we do not remove non Beauty Essentials nail applications.*

**File & Paint (Normal polish)** £20

### Manicure

Cuticle & nail tidy, cleanse, scrub, luxurious, nourishing shea butter and the application of cuticle oil  
no polish £25 / normal polish £32 / BioSculpture £47

### Deluxe Manicure

Cuticle & nail tidy, cleanse, scrub and cooling mask followed by a hand massage with a luxurious, nourishing shea butter and the application of cuticle oil  
no polish £33 / normal polish £40 / BioSculpture £55

### Pedicure

Cuticle & nail tidy, removal of hard skin, exfoliation and foot massage  
no polish £29 / normal polish £34 / BioSculpture £49

**Deluxe Pedicure** Cuticle & nail tidy, removal of hard skin and exfoliation followed by the application of a nourishing cooling mask and foot & lower leg massage  
no polish £37 / normal polish £42 / BioSculpture £57

## NAIL TREATMENT ADD-ONS

*All nail treatment add-ons must be requested at the time of booking*

**Basic nail art** (+5mins: includes two accent nails) £3

**French tips / Intermediate nail art** (+10mins: includes coloured french) £5

**Advanced nail art** (+15mins: includes glitter fade/ombre/foil/chrome, detailed accent nails) £7

**Detailed nail art** (+30mins: includes stamping and glitter/hand painting/multiple nail art) £12

**Extreme nail art** (up to 60mins; detailed nail art and/or full nail art sets) £20

**Nail repair** (after 72hours) per nail £5

## IBX

A professional natural nail treatment that helps improve nail growth and strengthen the nail plate. This revolutionary two-part system toughens the natural nail from within so that it can grow on its own. It can also act as a protective shield inside the natural nail under gel polishes. IBX can be applied as a standalone treatment or combined with your nail appointment.

### IBX treatment only

Single Treatment <i>Including a nail tidy</i>	£18
Course of 12 (recommended) <i>Including a nail tidy</i>	£180

### Nail appointment add-on

Single Treatment - <i>Combined with your nail appointment</i>	£8
Course of 12 (recommended) - <i>To be booked with your nail appointments</i>	£80

## CALLUS PEELS

MAVEX callus peeling is a unique combination of natural, highly active ingredients that softens the dead, hard skin making it easier to remove.

Callus peel (30 mins)	£32
Callus peel pedicure - no polish with cuticle & nail tidy (40 mins)	£37
Callus peel pedicure - normal polish (60 mins)	£50
Callus peel pedicure - BioSculpture (75 mins)	£65

## TANNING *(patch test required)*

The Sienna X express spray tan develops in just 60 to 90 minutes and can be used for light to dark tans, giving you a natural, confidence boosting holiday glow. The vegan formula is packed with the highest quality ingredients including moisture quenching Q10, Vitamin E, Aloe Vera & Green Tea.

Please exfoliate & moisturise 24 hours prior to treatment. Why not book in for our Exotic hot oil and salt scrub body polish a couple of days before your tan - the perfect pre-tan preparation.

Spray tan Full body / Half Body	£30 / £22
Top up tan, within 7 days <i>(ONE top up tan per full price tan)</i>	from £20
Tan package - 5 full body tans	£125

## EAR & NOSE PIERCING

Safe, gentle and sterile ear lobe, outer ear cartilage and nose piercing. Each treatment includes piercing jewellery and standard aftercare solution. **Ask about our advanced aftercare solution for accelerated skin recovery**

Stainless Steel / Gold Plated / Titanium	pair £35 / single £27
9ct Gold / 9ct White Gold	pair £40 / single £32
Nose Piercing (Titanium)	single £35

## LASH & BROW TREATMENTS *(patch test required for HD, LVL & tinting)*

### LVL (Lift, Volume, Lengthen) inc. Eye Lash Tint (45-60mins) £52

A long-lasting, low maintenance, natural looking eyelash enhancement creating the look of longer, fuller lashes that make your eyes appear more open and youthful as well as saving time in your morning routine.

### HD Brows £35

A bespoke eyebrow treatment tailored to you; personal consultation, brow mapping & shape design, custom-blended colour, tailoring (waxing/threading/tweezing), make up application and aftercare for brows that suit you.

### HD Brows 'BrowStay' Hybrid £45

BrowStay combines the skin staining benefits of hybrid brow tinting with the bespoke nature of an HD Brows treatment for the illusion of fuller, more defined brows in just one treatment. The full BrowStay Hybrid treatment is 100% vegan and 100% henna free.

Brow Tidy maintenance treatment £12

Brow Shape new client or new shape £17

Brow Tint £13

Brow Tint & Tidy maintenance treatment £23

Brow Tint & Shape new client or new shape £28

Lash Tint £19

Lash & Brow Tint £27

Lash Tint, Brow Tint & Tidy maintenance treatment £32

Lash Tint, Brow Tint & Shape new client or new shape £35

### Brow TIDY or Brow SHAPE?

A **brow tidy** is a maintenance treatment to remove unwanted hairs growing outside the natural brow line. A **brow shape** creates or refines the overall shape and arch of the eyebrows

## FACIAL & BODY WAXING

Lip Wax £10

Chin Wax £12

Lip & Chin Wax £20

Lip & Brow Wax £20

Lip, Chin & Brow Wax / Lip, Chin & Side of Face £28

Side of Face Wax £13

Lip, Chin, Side of Face, Brow Wax £33

Nostrils Wax Hot wax £10

Half Leg Wax - Top / Lower £26 / £24

Three-quarter Leg Wax £28

Full Leg Wax £35

Forearm Wax / Full Arm Wax £22 / £27

Back or Chest Wax £34

Underarm Wax - Strip wax / hot wax £14 / £16

## INTIMATE WAXING

Lycon hot wax has a low working temperature, skin-friendly ingredients, and exceptional hair removal capabilities resulting in a more comfortable and less painful treatment.

Bikini Wax	£22
High Bikini Wax	£25
Brazilian / Hollywood Wax	£39
Half Leg & Bikini Wax / High Bikini strip & hot wax	£35 / £40
Half Leg & Brazilian / Hollywood Wax strip & hot wax	£53
Full Leg & Bikini Wax / High Bikini strip & hot wax	£45 / £50
Full Leg & Brazilian / Hollywood Wax strip & hot wax	£63

## THE BIKINI / BOTTOM FACIAL

A specialist balancing treatment to address skin concerns like ingrown hairs, acne, pigmentation and folliculitis. The treatments include gentle cleansing, exfoliation, extractions and the application of masks and serums or treatments as required.

Bikini Facial <i>(add on to Brazilian/Hollywood)</i>	£40
Bikini Facial <i>(10-14 days after or before your next intimate wax)</i>	£50
Bottom Facial <i>(helping to improve the appearance of the buttocks)</i>	£60

## ELECTROLYSIS *(patch test required)*

An ultra epilating treatment for hair removal using a blend machine.

15 minutes	single treatment £25 / 5 treatment package £115
30 minutes	single treatment £35 / 5 treatment package £160
45 minutes	single treatment £45 / 5 treatment package £205
60 minutes	single treatment £55 / 5 treatment package £250

## BLEMISH REMOVAL

The treatment of milia, skin tags, telangiectasia (facial thread veins), blood spots and spider naevi using advanced electrolysis to either cauterise or lift away the superficial epidermis, depending on the type of blemish that is being treated. Includes aftercare product.

15 mins - initial consultation and patch test / ongoing treatment as recommended	£50
30 mins - ongoing treatments as recommended	£80

## MAP MY MOLE

Designed by dermatologists to meet the increasing demand for skin lesion assessments. Map My Mole allows us to access UK consultant dermatologists for an opinion within 24 to 48 hours. Images are reviewed by experts in the field, and reports ensure detailed explanations are provided. If a mole is concerning, the dermatologist will inform the patient providing them with a report that can be sent to their GP to speed up any referral.

First blemish photographed and submitted to the service	£60
Additional blemishes submitted in the same appointment	£30 per blemish



ADVANCED  
NUTRITION  
PROGRAMME™



ENVIRON®

et al.

## ADVANCED NUTRITION PROGRAMME™

Advanced Nutrition Programme™ turns traditional skincare inside out with its innovative, award-winning range of evidence-based oral skincare supplements. While, in fact, topical skincare provides only 50% of the solution, these potent nutritional blends work with it in synergy, addressing specific skin concerns to offer 100% skin care.

## ENVIRON®

Environ®'s innovative approach to science-backed skincare has set it apart for over 30 years. That's largely thanks to the brand's pioneering use of vitamin A in active ageing. The driving force behind the brand's award-winning collection, vitamin A has been proven by research to act like skin's oxygen: propelling skin towards peak health, and helping maintain it for life.

## et al.

Powered by over 30 years of skin health expertise, et al. is the makeup that does more for your skin and the planet. Merging the joy of makeup with the science of skincare, the range is 100% vegan and cruelty-free. A makeup first and foremost, it delivers a healthy glow to the skin while hydrating and protecting against blue light, UVA and UVB rays and more. Responsibly produced, every product can be recycled or reused to negate its impact on the planet.

## ENVIRON FACIAL TREATMENTS

'Environ believe that skin therapy is science and that your skin deserves to look beautiful for life. Discover the benchmark of beautiful skin today, with Environ's technologically advanced facial treatments that make a real, lasting difference to skin.'

### ESSENTIAL TREATMENTS 60mins (2-3 areas) / 90mins (6-10 areas)

Low frequency Sonophoresis, together with pulsed Iontophoresis, in combination with Environ's Professional Skincare formulations, helps deliver more of what skin needs, where it needs it most - making a real lasting difference, for life.

### Environ COOL PEEL® TREATMENTS 60mins - 90mins

Environ's unique cool peel technology is a non-invasive intelligent skin renewal system to safely and effectively help refine, revive and brighten skin. This treatment is customised to assist with reducing the appearance of premature ageing, as a moisture boost, deep cleanse, to brighten complexion, for blemish control or to restore skin's glow. **Skin must be prepared on Vitamin A for at least 3 weeks prior to treatment.**

### FOCUS-ON TREATMENTS (30mins - *Perfect for when time is limited*)

Specially developed to target specific areas using Environ's revolutionary Dual Electro-Sonic DF Technology, ensuring that your primary skincare concerns are directly addressed.

## *Which Environ facial is best for my skin concern?*

### *skin concern: AGEING*

#### **ESSENTIAL YOUTH RESET**

60 mins - £78 / 90 mins - £95

Help soften the appearance of fine lines, sun-damage & sagging skin with this peptide and vitamin-packed treatment for a more youthful appearance.

#### **YOUTH RENEW TCA COOL PEEL (60-90mins)**

£120

This advanced TCA cool peel treatment assists to reduce the appearance of premature ageing, fine lines, sun-damage and an uneven skin complexion. Discover the power of an intelligent skin peel that will leave the skin looking refreshed and vibrantly youthful.

*Skin must be prepared on Vitamin A for at least 3 weeks prior to treatment*

#### **FOCUS-ON EYE**

£58

Combining powerful peptide complexes with hyaluronic acid, this intense treatment promotes a refreshed, hydrated and youthful-looking eye area.

#### **FOCUS-ON FILLER**

£58

This innovative, intense and non-invasive treatment helps to smooth the look of facial lines and restore a rejuvenated, plumped youthfulness to the skin's appearance.

#### **FOCUS-ON FROWN**

£58

The iconic peptide blend in this treatment assists to reduce the appearance of expression and frown lines on the forehead as well as eyes, leaving skin looking smoother and more relaxed.

#### **VIBRANT-C MICRO PEEL (45mins)**

£65

A concentrated vitamin C infused peel that is freshly mixed before application to ensure optimal freshness and efficacy. Proven to deliver a healthy-looking, evenly toned appearance as well as improved skin texture. An excellent choice for sun-damaged, pigmented and ageing concerns.

### *skin concern: DEHYDRATION*

#### **ESSENTIAL MOISTURE BOOST**

60 mins - £78 / 90 mins - £95

Help reduce the appearance of fine lines caused by dehydration and promote a more moisturised glow with this intensive treatment featuring hyaluronic acid as the key ingredient.

#### **MOISTURE BOOST COOL PEEL (60mins)**

£80

Lactic acid cool peel designed to gently peel the skin's surface and revitalise dry, tired-looking skin to a healthy glow. Suitable to all year round with no visible peeling or downtime.

### *skin concern: SENSITIVITY*

#### **ESSENTIAL COMFORT CALM**

60 mins - £78 / 90 mins - £95

Help sooth and comfort sensitive and irritated skin with this treatment which combines powerful ingredients to leave the skin feeling restored with a healthy-looking radiance.



## skin concern: **BREAKOUTS**

### **DEEP CLEANSING COOL PEEL (60mins)** £80

Lactic acid is used to deep cleanse the skin gently yet effectively to help purify and control the appearance of congestion and breakouts, leaving skin looking clear, healthy & refreshed.

### **BLEMISH CONTROL TCA COOL PEEL (60mins)** £120

This powerful, advanced TCA cool peel treatment assists to improve the appearance of blemish-prone, distressed skin helping to unclog pores and remove surface impurities related to problematic skin conditions. *Skin must be prepared on Vitamin A for at least 3 weeks prior to treatment*

### **FOCUS-ON TEXTURE TCA COOL PEEL (30mins)** £80

An intensive combination of the three Environ Technologies; Dual Electro-Sonic, Advanced TCA Cool Peel and Micro-Needling which assists to improve the appearance of mild scarring, revealing smoother, evenly-textured skin. *Skin must be prepared on Vitamin A for at least 3 weeks prior to treatment and client must have purchased their own skin roller for optional micro-needling.*

## skin concern: **PIGMENTATION**

### **ESSENTIAL RADIANCE REVEAL** 60 mins - £78 / 90 mins - £95

Help target the signs of sun-damage and pigmentation with this treatment which boosts the skin with the correct combination of ingredients for an even-toned, radiant-looking appearance.

### **BRIGHT RECOVERY COOL PEEL (60mins)** £80

This gentle lactic acid cool peel assists to reduce the appearance of premature ageing, fine lines and uneven skin tone as a result of excessive sun exposure.

### **FOCUS-ON EVEN TONE** £58

The powerful combination of vitamin A, C and AHAs assists to improve the appearance of pigmentation irregularities for a more even-toned and brighter-looking skin.

### **VIBRANT-C MICRO PEEL (45mins)** £65

A concentrated vitamin C infused peel that is freshly mixed before application to ensure optimal freshness and efficacy. Proven to deliver a healthy-looking, evenly toned appearance as well as improved skin texture. An excellent choice for sun-damaged, pigmented and ageing concerns.

## targeted **TREATMENTS**

### **FOCUS-ON BODY PROFILE (FACE AND BODY)** £58

This powerful body treatment targets the appearance of dimpled, lax and uneven skin texture in specific areas (including the jaw line). The effective combination of active ingredients promotes a visibly smoother, firmer and contoured appearance.



ENVIRON®

## FACIALS

**Monu Express Facial – 30 mins** £45

An intense cleanse, full facial exfoliation, mask and moisturise.

**Monu Aromatic Facial – 60 mins** £60

An intense cleanse, full facial exfoliation, mask and moisturise, including a face, neck and shoulder massage.

**Monu Prescription Facial – 60 mins** £63

Cleanse, exfoliate, massage, prescriptive mask, eye gel, tone and moisturise.

**Monu Extraction Facial – up to 90 mins** £78

Intense cleanse, full facial exfoliation, blackhead removal, massage, prescriptive mask, eye gel, tone and moisturise. This facial is suitable for those with oily skin, blocked or enlarged pores or occasional breakouts.

**The resurface and peel treatment - 45 mins** £60

Cleanse, tone, exfoliate, peel, hydrating mask, massage, eye cream, lip balm and moisturise.

**Hydra lift collagen facial - 60 mins** £70

Cleanse, tone, exfoliate, ampoule, active collagen mask, massage, eye cream and lip balm.

**Renu intense lift anti-ageing facial - 75 mins** £83

Cleanse, tone, skin peel, massage feet and lower legs, intense lift facial massage, mask, hand and arm massage, lip and eye active lift.

**Sculpt and lift facial treatment - 40 mins** £50

Cleanse, tone, exfoliation, foot and leg massage, mask, massage, lip and eye active lift.

## OXYGEN THERAPY FACIAL

**Single Treatment - 40 mins** £63

**Course of 5 Treatments, 1 Treatment Per Week** £260

Our oxygen therapy facial strengthens, stimulates, plumps, energises and nourishes the skin. This cooling and calming therapy continues to work after your appointment with optimum results being achieved 2-3 days post-treatment.

## TEEN FACIAL TREATMENTS

**Deep Clean Teen Facial (12-16yrs) - 60 mins** £60

Intense cleanse, full facial exfoliation, blackhead removal, massage, prescriptive mask, tone and moisturise using products suitable for young skin.

**Teen Phototherapy Express Facial (12-16yrs) - 45 mins**

This treatment has been tailored to help in the treatment of teen acne and includes a cleanse, exfoliation, 30 minutes LED treatment and moisturise. Best used in conjunction with a targeted home care programme. Ask us about Environ skincare and the Advanced Nutrition programme.

**Single Treatment** £45

**Treatment Packages** 6 - £240 / 12 (recommended) - £450

## DERMALUX LED PHOTOTHERAPY

LED Phototherapy is a non-invasive treatment that targets specific non-thermal light to energise cells which triggers a cascade of bio stimulatory responses. It is scientifically proven for a wide range of indications including skin rejuvenation, acne and pigmentation to wound healing, psoriasis and pain relief.

### Phototherapy Facial

Intense cleanse, exfoliation, 30 minutes LED treatment and moisturise.

**ACTIVATE** An intensive skin activation programme. 12 treatments are recommended 2 to 3 times per week for optimum results. **12 treatment programme - £600**

**BOOST** Individual treatments or a short booster course of 3 sessions to revitalise the skin or calm the complexion. **£60 / 3 treatment programme - £165**

**COMBINE** LED phototherapy treatment add-on to enhance and accelerate the results of regular skin treatments. **Add-on - £20**

## JAPANESE HEAD SPA TREATMENTS

Rooted in the heritage of Japanese scalp-wellness rituals and elevated by modern hair science, the Japanese Head Spa is a bespoke treatment that deeply cleanses, detoxifies and nurtures the scalp.

**Classic Head Spa Treatment - 60 minutes** **£80**

A deep cleanse to exfoliate, hydrate and nourish both hair and scalp. Scalp analysis, high frequency brush, deep cleanse, exfoliation & mask, massage & condition.

**Lite Head Spa Treatment - 45 minutes** **£65**

A shorter, introductory version of our classic head spa service. Deep cleanse, exfoliation & mask, massage & condition.

**Targeted Head Spa Treatments - 60 minutes** (treatment options below) **£90**

**ANTI-HAIR LOSS HEAD SPA TREATMENT** A targeted, professional treatment designed to combat excessive hair loss and shedding.

**BOND REPAIR HEAD SPA TREATMENT** The ultimate solution for those seeking both scalp detoxification and intensive hair repair.

**BALANCING HEAD SPA TREATMENT** Soothe, hydrate and restore harmony to sensitive, irritated scalps with this calming treatment

**Skin & Scalp Treatment - 90 minutes**

Express facial + Classic Head Spa Treatment **£115**

Express facial + Targeted Head Spa Treatment **£125**

**Tip to Toe Treatment - 120 minutes**

Massage + Express facial + Classic Head Spa Treatment **£140**

Massage + Express facial + Targeted Head Spa Treatment **£150**

# NON-SURGICAL FACE LIFT

## DUAL ANTI-AGEING SYSTEM TREATMENT MENU

### Facial lifting and Toning • Eye treatments • Scars

Microcurrent softens lines, wrinkles and scars, and re-educates muscles to lift, firm and tone. It improves complexion and radiance and stimulates collagen and cell renewal. You should see visible results from one treatment and your muscles are re-educated by 10 treatments. After a 10 treatment programme, results can be maintained indefinitely with one treatment every 4-6 weeks.

#### Lift & Firm Ultra-Facial

The lift and firm ultra-facial - an intensive double cleanse and exfoliation incorporating six microcurrent programs. It also includes a relaxing facial massage, a prescribed mask and is completed with the application of recommend skincare products.

Single Treatment - 75 mins	£80
Course of 10 Treatments, 2 Treatments Per Week	£725

#### Lift & Firm Essential Facial

The lift and firm essential facial - an intensive double cleanse and exfoliation, incorporating six microcurrent programs. The facial is completed with the application of recommended skincare products.

Single Treatment - 60 mins	£60
Course of 10 Treatments, 2 Treatments Per Week	£550

#### Lift & Firm Targeted Facial

The lift and firm targeted facial is designed to focus on areas of concern. It includes a cleanse, and application of the strengthening and tightening programs directly into the problem areas. It is completed with the application of recommended skincare products.

Single Treatment - 25 mins	£45
Course of 10 Treatments, 2 Treatments Per Week	£400

#### Lift & Firm Eye Treatment

This intensive eye treatment is designed to reduce puffiness around the delicate eye area, strengthen the eye muscles and reduce the appearance of fine lines and wrinkles.

Single Treatment - 25 mins	£45
Course of 10 Treatments, 2 Treatments Per Week	£400

## MASSAGE TREATMENTS

### SWEDISH MASSAGE

A relaxing massage which helps with tension and stress.

Back, Neck, Shoulder Massage – 30 mins	£45
Back, Neck, Shoulder Massage – 45 mins	£55
Full Body Massage / Back, Neck, Shoulder Massage – 60 mins	£65
Indian Head Massage - 30 mins	£45

### REMEDIAL MASSAGE

A targeted treatment which is ideal for those with chronic pain and injuries that require specific treatment.

**Deep Tissue Massage - 60 mins** £70

Helps release knots and strains in the deeper layers of muscle and connective tissue with the aim of realigning the muscles and releasing chronic muscle tension from ailments or injuries.

### Sports Massage

A myofascial treatment that targets a specific area of the body. It aims to help improve muscle tone, flexibility and movement. It uses a variety of massage, mobilisation and active release techniques to remove adhesions, break down scar tissue and any tension held in the muscle.

**90 mins** - initial consultation and ongoing treatments as recommended £85

**60 mins** - ongoing treatments as recommended £70

### AROMATHERAPY MASSAGE

Aromatherapy massage combines traditional massage techniques with the therapeutic benefits of essential oils, aiming to promote relaxation, reduce stress, and improve overall well-being through both physical touch and the use of fragrant plant-based oils.

**Aromatherapy Full Body Massage** £75

**Aromatherapy Indian Head Massage** £55

### SKIN SKULPT™ FACIAL MASSAGE

A non-invasive approach to improve the appearance and health of the facial muscles and skin. It involves a series of targeted exercises and massage techniques designed to tone and lift the facial muscles, promote circulation, and increase collagen production.

**60 minute treatment** £75

## BODY TREATMENTS

### Exotic hot oil and salt scrub body polish - 45 mins

£50

Body brush & warm oil scrub, body butter, massage.

This luxurious full body treatment is tailored to your individual needs and will leave the skin feeling smooth, hydrated, fresh and energised. The perfect treatment before a spray tan, pre- or post-holiday, before a special occasion, or for someone looking to improve the texture, tone and smoothness of skin. An aromatic and invigorating body buffing cleansing treatment to smooth away dead skin cells, leaving your skin smooth and radiant.

### Ultimate relaxation treatment - 1hr 45 mins

£90

Body brush & warm oil scrub, body butter and aromatic facial.

An aromatic and invigorating body buffing cleansing treatment to smooth away dead skin cells, leaving your skin smooth and radiant followed by the application of body butter.

Your therapist will then carry out a 60 minute tailor-made aromatic facial to complete this relaxing treatment. Let your worries melt away as we help your skin glow from top to toe.

### Ultimate signature ritual - 120 mins

£130

Body brush & warm oil scrub, full body massage and express facial.

A soothing, rejuvenating and refreshing all-over body treatment. Our exotic salt scrub gently exfoliates the body, eliminating dead skin cells. The face, body and scalp are massaged using specialised techniques with carefully applied pressure, finishing off with a 30 minute tailor-made express facial. The perfect luxurious tension buster.

### Luxury thermal back treatment - 60 mins

£58

Body brush, cleanse, tone, scrub, aromatic mask, foot and leg massage and moisturise.

A facial for the back. This treatment is great for anyone who wants to treat their back, an area that often gets forgotten and is difficult to reach. This back treatment is the ultimate in relaxation whilst also dealing with congestion, oiliness and tension.

### Leg Exfoliation & Moisturise - 20 mins

£24

Leg exfoliation scrub and application of body butter.

### Leg Revival Treatment - 45 mins

£55

Leg exfoliation scrub, soothing mask, stimulating leg massage.

## BODY SHAPING

### Lipo Cavitation

A non-surgical cellulite treatment for weight loss, effective inch loss and body shaping.

Measurements will be taken before your first treatment and at each subsequent treatment to maximise results. To maintain results, treatments need to be carried out alongside a healthy diet and active lifestyle. For best results pre and post care guidance must be followed.

**60 mins** - Choose one area; stomach / thighs / lower leg / buttocks

£99

**30 mins** - Choose one area; under face (jawline) / lower face / neck tightening

£55

## MAKEUP LESSONS

One-to-one makeup lesson - 90 minutes

from £80

Our makeup lessons are tailored to your individual needs. Whether you would like to learn how to apply a flawless base or complete a look from start to finish we can help. You will leave armed with hints and tips to help you to achieve the perfect application and the confidence to repeat the look by yourself.

## SPECIAL OCCASION HAIR & MAKEUP

Natural makeup and hair styling appointments are available in salon. Please book early to ensure availability. For wedding hair and makeup bookings, please visit our sister company website - [www.emmagoodwinhairandmakeup.co.uk](http://www.emmagoodwinhairandmakeup.co.uk)

Makeup

from £80

Hair Styling

from £80

Makeup & Hair Styling

from £140

## WEDDINGS

Pre-wedding Skincare

Price on consultation

Beautiful makeup starts with beautiful skin which is why we invite all brides to the salon for a full skin analysis about 6 months prior to your wedding date. We will work with you to put together a personalised skincare package to get your skin in the best possible condition for your wedding.

Pre-wedding Treatments

Ask in salon for more information about all your pre-wedding treatments. From trial tans to the perfect manicure for your big day, Beauty Essentials can help. We recommend booking in early to ensure that we have space for all your bridal and bridal party treatments on your preferred day.

Wedding Hair & Makeup

Our sister company, Emma Goodwin Hair and Makeup, specialises in natural makeup and hair-up for weddings and special occasions.

For more information visit [www.emmagoodwinhairandmakeup.co.uk](http://www.emmagoodwinhairandmakeup.co.uk)



## BOOKINGS, DEPOSITS & PATCH TESTING

Treatments are by appointment only. Please arrive in plenty of time for your appointment. Late arrivals may result in your treatment time being reduced and you will be charged for the full treatment.

**Deposits – All bookings must be confirmed with a 50% deposit.** Deposits can be paid via our secure booking system by using the deposit invoice link sent to you at the time of booking, over the phone via credit or debit card or in salon. We respectfully ask for deposits to be paid within 24hrs of receiving the request.

**Booking alterations** – Please let us know as soon as possible if you need to change your booking. **A minimum notice period of 48 hours is required to reschedule or cancel your appointment.** Reschedules or cancellations made with less than 48 hours notice but more than 24 hours notice will be charged 50% of the full appointment value. Reschedules or cancellations with less than 24 hours notice will be charged at the full appointment value.

**Patch testing** - A patch test is required a minimum of 48 hours prior to your first tinting, HD, LVL, electrolysis or tanning treatment with Beauty Essentials. If there have been any changes in your medical history, or 6+ months have passed since your last relevant treatment, a subsequent patch test will be required. With the exception of patch tests for electrolysis, HD Brows and HD Hybrid Brows, which need to be pre-booked, patch tests can be carried out at any time during our normal opening hours.

**Gift vouchers available in salon and  
online at [beautyessentialsoxon.co.uk/gift-card](https://beautyessentialsoxon.co.uk/gift-card)**



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